

spiritual journey through bangkok

6.5 Hours

Explore Bangkok's spiritual side with hidden temples, sacred rituals, and serene escapes in the heart of Thailand.



Embark on an enlightening afternoon that delves into the spiritual heart of Thailand, a nation renowned for its deep Buddhist roots. Begin your journey at the Wat Mahathat meditation center, where you'll meet an English-speaking monk who will introduce you to Vipassana meditation, a practice originally taught by Gautama Buddha that fosters mindfulness and inner peace. For an intriguing cultural experience, have your fortune told in the traditional Thai manner by a respected fortune teller.

Continue your exploration by visiting several significant temples that showcase the diversity of Bangkok's spiritual landscape. At the Sri Maha Mariamman temple, marvel at the vibrant shrines dedicated to deities such as Ganesh and Kartik. Find tranquility in the unexpected meditation garden of Wat Pathum Wanaram, a serene oasis amidst the bustling city.



Finally, pay homage at the Erawan Shrine, dedicated to Brahma, the Hindu god of creation, and discover the rituals performed by worshippers seeking blessings. This spiritual journey promises to deepen your understanding of Thailand's rich cultural heritage.