

ancient and modern cambodia

7 Days

Phnom Penh – Siem Reap

Immerse yourself in Cambodia's rich tapestry of history, culture, and traditions. From the vibrant streets of Phnom Penh to the awe-inspiring temples of Siem Reap, discover the unique blend of ancient and modern influences that have shaped this remarkable country.



Day 1: Phnom Penh | A Journey Through Cambodia's Capital

Delve into Phnom Penh's rich history and emerging modern culture. Begin with a visit to the National Sports Complex, a symbol of Cambodia's transformation, designed by the famed architect Vann Molyvann in 1964. Discover its past, from its use during the Khmer Rouge era to its current role as a community hub. Continue to "Street 240," a chic enclave of French colonial villas, trendy boutiques, and local cafés. Conclude with a taste of traditional street food, enjoying the flavors of Lort Cha at a local eatery.

Day 2: Phnom Penh – Silk Island | Discovering Rural Life Along the Mekong

Escape the hustle of Phnom Penh with a short boat ride to Silk Island, a serene river island known for its rural charm. Your guides, a local expat and his native wife, offer an intimate look at village life. Visit bustling markets, interact with locals, and learn how to make noodles from a street vendor. End the day at a peaceful pagoda, where you can engage with Buddhist monks and learn about their way of life.

Day 3: Phnom Penh – Siem Reap | Khmer Village Homestay Experience

Arrive in Siem Reap, home to the famous Angkor temples. Travel to one of the province's oldest villages, where a local family welcomes you to their home. Relax in a hammock, help gather fresh produce, or prepare dinner with your hosts. Spend the evening immersed in Khmer culture, listening to traditional music performed by family members as they share stories of village life.





Day 5: Siem Reap | Angkor Wat Tour with Khmer Scholar & Stories from the Pol Pot Era

Explore the magnificent Angkor Wat with a Khmer scholar, who will guide you through the history, culture, and legends behind this UNESCO World Heritage Site. Walk through intricately carved hallways and learn about the significance of its bas-reliefs. Later, visit lesser-known temples before meeting a family who survived the Khmer Rouge regime, offering you a personal glimpse into Cambodia’s more recent history.

Day 6: Siem Reap | Banteay Srei and Butterfly Gardens

Venture to Banteay Srei, a 10th-century temple known as the “Citadel of Women.” Famous for its delicate and intricate carvings, this temple offers a peaceful contrast to Angkor’s grandeur. Continue your day at the Banteay Srei Butterfly Centre, Southeast Asia’s largest, where you can learn about sustainable butterfly farming and observe thousands of vibrant species in lush gardens.



Day 4: Siem Reap | Alms Giving and Khmer Arts Exploration

Start your day with a traditional Buddhist alms-giving ceremony, joining your host family in offering food to local monks. After breakfast, explore Siem Reap’s vibrant arts and crafts scene. Visit Artisans d’Angkor, where you’ll witness the revival of traditional Khmer silk weaving and silver crafting. Later, receive a special blessing from a monk at the historic Wat Damnak, once a royal palace.



Day 7: Departure | Farewell to Cambodia

Transfer to Siem Reap International Airport for your onward flight, bringing your unforgettable journey through Cambodia’s ancient and modern wonders to a close.